

SEX IS GREAT

Save it for marriage

Challenge Team UK is a team of young people aged 18 to 28, who tour the whole country every year giving presentations to schools and youth groups about saving sex for marriage.

Frances Levett of our Parish is the East Midlands co-ordinator, responsible for booking them into schools and providing accommodation during their two week stay in *Melton Mowbray* and *Nottingham*. We want you to know about the great work these young people do!

Maybe you would like to help, or even spend some time as a team member.

Challenge Team:

- **Positive**
- **Funny**
- **Interactive**
- **In line with Catholic teaching**
- **Inclusive & non-judgemental**
- **A radical alternative**
- **Schools and Teenagers love it**

To book a presentation ring Frances on 01664 565781

We've been to the following locally:

Catholic schools:

De Lisle, Loughborough
St. Paul's, Leicester
English Martyrs, Leicester
St. Martin's, Stoke Golding
Our Lady's Convent, Loughborough
Ratcliffe College
Christ the King, Arnold
The Beckett, Nottingham
All Saints, Mansfield
Trinity School, Nottingham
St. Benedict's, Derby
St. John Houghton, Ilkeston

We also did a workshop at the National Catholic Youth Officers' Conference

Church of England schools:

The National School, Hucknall

Read some more below!

State schools:

Burleigh College, Loughborough
Garendon High, Loughborough
John Ferneley High School, Melton
Lutterworth Grammar School
Belvoir High School, Bottesford
Woodbrook Vale, Loughborough
Tibshelf Community School, Derbys
Harry Carlton, East Leake
West Bridgford Comprehensive
Melton Mowbray Upper School
City of Leicester School

Independent schools:

Uppingham School
Oakham School

Youth Groups:

Covenant Life Youth Cafe, Melton
Identity Youth Group, Wigston

Take a serious look at an old concept...

Save
~~Safe~~

What is Challenge Team UK?



Challenge Team is a group of young adult volunteers who educate teenagers about healthy sexuality. Team members are conscious that young people are becoming sexually active at early ages and are on a dangerous path as they explore a world that appears to be full of pleasure and devoid of consequences. The fact that many may be in for a painful surprise has galvanised Challenge Team into action. In the spring of 2004 the first national tour took place. Secondary school pupils up and down the country were given the opportunity to consider the healthy alternative to safe sex - saving sex. Because they are young people themselves, team members can understand the issues their peers are dealing with.



Challenge Team presents its message from a common sense and health perspective, without any religious references. A presentation lasts between sixty and ninety minutes depending on school timetables.

Challenge Teams from Canada made short tours and visited schools in the UK in the three years 2000 to 2002. They received a tremendous reception from both staff and pupils.

In Spring 2004 Challenge Team UK made its first tour using British volunteer presenters.

Since 2004, Challenge Team UK have trained 30 British presenters and have presented to 75500 teenagers.

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What Challenge Team UK does



The Teams touring the UK use interactive and fast moving techniques to give factual information and personal stories which present the obvious benefit to health and well-being of saving sex for marriage in an entertaining and relevant way. The presenters in each team (usually two young men and two young women) have made their own personal choice to save sex for marriage.

Young adult volunteers are recruited and trained and tour the country with the presentation. The volunteers have made the personal decision to save sex for marriage and they explain their reasons during the presentation. The presentation is living and dynamic, entertaining and relevant, largely due to the enthusiasm, conviction and sincerity of the presenters. They speak from their own experience and are not professional actors. They are able to identify with the teens they speak to as they are young people themselves. Living a lifestyle of respect for their own sexuality and the sexuality of all other people and saving sex for marriage is presented as realistic and achievable. The risks of being sexually active are clearly explained, but the positives and freedoms of practising chastity are emphasised too. The presentation helps to redress the balance and gives an alternative message for teens to consider.

Since 2004, 30 British presenters have been trained by Challenge Team UK and have presented to 75 500 teenagers.

During Spring 2009 a team of 1 guy and 2 girls visited 38 schools, 7 of which were new, and 5 youth groups and presented a total of 59 times to more than 7500 teenagers. The team visited Sussex, Kent, Dorset, the Isle of Wight, Hants, Nottingham, Derby, Leicester, Worcester, Cambridge, London and Croydon and were hosted by many extremely hospitable families across the country. There were last minute cancellations due to the chaos caused by the snow and team illness - but it was a great tour and feedback was, once again, excellent.

During the Autumn term of 2008 a team visited 33 schools and 2 youth groups in Manchester & the North East, Scotland, the Isle of Man, Bath, Bristol and Dorset. 18 of these were new schools. They performed 55 presentations to 7500 teenagers.

Contact us : www.challengeteamuk.org

Challenge Team UK is a charitable trust no: 1058747

Trustees are: Dr Trevor Stammers BSc FRCGP DRCOG DPAB (a national authority in sexual health) // Dr John Chaplin MB BS DTMH (a pioneer in AIDS prevention programmes) // Mrs Sheila White

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